FEDERATION INTERNATIONALE DE GYMNASTIQUE

FONDEE 1881

QUESTIONNAIRE

FOR

INTERCONTINENTAL JUDGES COURSE

BEJING 2009

1. The basic prerequisites for judges are:

a) Excellent knowledge of the FIG Code of Points
b) Excellent knowledge of the FIG Technical Regulations
c) All of the above   x

2. Aerobic Gymnastics is:

a) Ability to perform complex movement patterns   x
b) Ability to make a double salto
c) Ability to perform only difficulty elements on 1 arm

3. Aerobic Movement Patterns are:

a) Combinations of basic steps together with arm movements   x
b) Difficult arm movements
c) Aerobic arm movements

4. Prerequisites for judging at official FIG competitions are:

a) To be in possession of a valid FIG Brevet of the current cycle
b) To be listed in the FIG list of judges
c) All of the above   x

5. All members of the judging panel are obliged to;

a) Attend all meetings, briefings and debriefings
b) Attend the orientation meeting
c) All of the above   x

6. Sanctions declared by the Chair of judges panel are:

a) Verbal or written warning
b) Exclusion of the respective competition
c) All of the above   x

7. Sanctions declared by the Superior Jury are:

a) Written or verbal warning
b) Exclusion from the respective competition
c) All of the above   x

8. Sanctions declared by the Chair of Judges panel are:

a) Exclusion from all competitions
b) Exclusion from the respective competition   x
c) All of the above

9. Violations of the Code include:

d) Improper attire
e) Intentionally giving an advantage
f) All of the above   x

10. Sanctions declared by the Aerobic Gymnastics TC are:

a) Expulsion as a judge for a set period of time
b) Withdrawal of the brevet
c) All of the above   x

11. The official FIG Aerobic Gymnastics Championships is:

a) World Championships   x
b) World Games
c) Final of World Series

12. The World Championships in Aerobic Gymnastics are held:

a) Every 2 years in the even years   x
b) Every year
c) Every 2 years in the even years, except in the year of the World Games

13. Name changes are allowed for:

a) Light injuries
b) Weddings
c) Serious medical reasons   x

14. The maximum number of participants in the Qualifying Rounds is:

a) Two per category
b) Two per category and nation   x
c) Two per nation

15. The maximum number of participants in the final is:

a) A max. of 2 per category and nation   x
b) A max. of 1 per category and nation
c) A max. of eight plus the defending World Champion

16. In case of a tie at any place, the tie will be broken based on the following criteria:

a) The highest score in artistic
b) The highest score in execution   x
c) The highest score in difficulty

17. The starting order for the qualification round will be decided by:

a) Drawing of the lots   x
b) By order of the nominative entry
c) By order of the definitive entry

18. The starting order for the finals will be decide by:

a) The lowest score in the preliminaries will start last
b) The lowest score in the preliminaries will start first
c) Drawing of the lots   x

19. Present at the drawing of lots must be:

a) A nominated TC member   x
b) The Secretary General
c) The Media Officer

20. A walk over is called when:

a) A competitor failed to appear on stage after being called
b) A competitor failed to appear on stage within 20 sec. after being called
c) A competitor failed to appear on stage within 60 sec. after being called   x

21. When a walk over is announced, a competitor:

a) Looses his right to participate in the category in question   x
b) Looses his right to participate in the competition
c) Looses his right to participate in each category

22. The deduction for failing to appear on stage within 20 sec. will be:

a) 0.5   x
b) 1.0
c) None

23. The training area is provided with:

a) Full size competition floor   x
b) Massage corner
c) Water cooler

24. The training hall is available;

a) 1 days prior to the start of the competition
b) 2 days prior to the start of the competition   x
c) 3 days prior to the start of the competition

25. Access to the training floor is given by:

a) By a rotation schedule, set up by the Organizers
b) By drawing of the lots, prior to the competition
c) By a rotation schedule, set up by the Organizers and approved
    by the Aerobic Gymnastics Committee   x

26. The waiting area is used by:

a) All coaches
b) All competitors and their coaches of the 3 next starts
c) All competitors and their coaches of the 2 next starts   x

27. Persons allowed in the waiting area are:

a) Coaches   x
b) Judges
c) All of the above

28. The size of the competition area is:

a) 70 x 70 m.
b) 16 x16 m..
c) None of the above   x

29. A Gymnast must wear;

a) A national identification   x
b) A sponsorship logo
c) A hair band

30. The size of the podium is:

a) No less than 7 x 7 m.
b) No less than 10 x 10 m.
c) No less than 14 x14 m.   x

31. The size of the marking tape is:

a) 7 cm. width
b) 10 cm. width
c) 5 cm. width   x

32. The color of the marking tape is:

a) Red
b) Black   x
c) White

33. The size of the competition floor for Individuals is;

a) 12 x 12 m
b) 10 x 10m
c) 7 x 7m   x

34. The size of the competition floor for MP, TR and GR is:

a) 12 x 12m
b) 10 x 10m   x
c) 7 x 7m

35. Aerobic floors have to be:

a) FIG certificated   x
b) Of a certain brand
c) With a wooden top layer

36. Difficulty judges are seated;

a) Diagonally at the corners of the podium
b) Behind the Art. And Exe. Judges
c) In front of the podium   x

37. Line judges are seated:

a) In front of the podium
b) Beside the Chair of Judges
c) Diagonally at the corners   x

38. The Chair of Judges Panel is seated;

a) Between the Diff. Judges
b) Between the Exe. Judges
c) Behind all Judges   x

39. The Superior Jury is seated:

a) In front of Judges Panel A
b) Between Judges Panel A and B
c) On a podium behind both panels   x

40. When a competitor is on the stage, the coach is:

a) On the side of the stage
b) In the judging area
c) In the waiting area   x

41. Persons allowed in the judging area are:

a) All official FIG judges   x
b) All VIP persons
c) All coaches

42. The recording of the used music can be:

a) Mixed
b) With sound effects
c) All of the above   x

43. The music must be recorded at:

a)   Reel to reel
b)   DAT cassette
c)   CD/Cassette   x

44. Copies of the music must be:

a) On DVD
b) On reel to reel
c) None of the above   x

45. The scores given by the judges must be displayed to:

a)   The competitors
b)   The judges
c)   The public   x

46. A complete set of results must be given to;

a) Each competitor
b) Each Coach
c) Each participating member Federation   x

47. Protests are allowed:

a) Only in Finals
b) Only in Qualifications
c) Against Difficulty scores   x

48. When the scores in the Finals are equal, the winner will be:

a) The competitor with the highest total score in execution   x
b) The competitor with the highest total score in artistic
c) Both competitors get the same place

49. First place in each category will be given:

a) A medal
b) A trophy
c) All of the above   x

50. A certificate of participation will be given to:

a)   All Judges
b) All Coaches
c) All Competitors and Officials   x

51.   Which is the required age for participating at the Aerobic Gymnastics World Championships

a)   18 years old during the year of the competition   x
b)   18 years old on the day of the competition
c)   18 years old in the year before the competition

52.   Which is the required minimum age for participating at the Age Group 2 Competition

a) 15 years   x
b) 17 years
c) 12 years

53.   Who deals with competitors change of nationality:

a)   FIG Technical Committee
b)   Superior jury
c)   FIG Executive Committee   x

54.   Who deals with Judges change of nationality:

a) FIG Technical Committee
b) FIG Executive Committee   x
c) FIG Superior Jury

55.   Aerobic shoes must be:

a)   A specific brand
b)   No laces
c)   A white color   x

56.   Which of the following is forbidden:

a)   Black aerobic shoes   x
b)   White socks
c)   Mascara

57. Taping is allowed when:

a) Not visible
b) Skin coloured   x
c) Never allowed

58. Body paint is allowed when;

a) Used sparingly
b) In match with the attire colour
c) Never   x

59. Attires can be:

a) In non-transparent material
b) With long sleeves for both men and women
c) None of the above   x

60. Attires are not allowed when;

a) Showing undergarments
b) Depicting war
c) All of the above   x

61. Which of the following is not allowed in the competition attire for women:

a) Two piece leotard   x
b) Flesh colored tights
c) White athletic socks

62. For women's attire is permitted:

a) Transparent material
b) Cat Suit (Unitard)   x
c) Gloves

63. Men's attire can have:

a) An open cut at the back
b) A unitard or shorts   x
c) Flesh colored tights

64. Deductions for incorrect attire are:

a) 0.1
b) 0.2   x
c) 1.0

65. Deductions for wrong attire are:

a) 2.0   x
b) 1.0
c) 0.5

66. No deductions will be given for:

a) Wearing a wedding ring
b) Braces on both legs
c) Flesh colored Taping   x

67. At the opening ceremony all competitors must wear:

a) A Track suit
b) Competition attire
c) None of the above   x

68. At the closing ceremony all competitors must wear:

a) Competition attire
b) Their countries track suit
c) Their countries official National track suit   x

69. For the Award ceremony the competitors must wear:

a) National track suit
b) Competition attire   x
c) Both of the above

70. Which special requirements are for difficulty for MP,TR, GR

a) Max. 6 elements on the floor   x
b) Max. 5 elements landing in push up
c) Max. 1 element in split position

71. Number of lifts in a routine required for Mixed Pairs:

a) 1
b) 2
c) 3   x

72.   What are the special requirements for groups?

a)   At least one element from each group of the element pool   x
b)   All elements performed in the same direction
c)   None of the above

73. How many elements will count for the difficulty score in TR:

a) All elements performed
b) The first 12 elements performed   x
c) Only elements with a value

74. Are combination of elements allowed:

a) Yes   x
b) No
c) Only with the same value

75. All Difficulty elements performed must be:

a) From different families   x
b) With a different value
c) From the same group

76.   The length of the routine for IW is:

a)   1 minute and 45 seconds with a tolerance of 5 sec plus or minus
b)   1 minute and 30 seconds with a tolerance of 5 sec plus or minus   x
c)   1 minute and 50 seconds with a tolerance of 5 sec plus or minus

77.   The length of the routine for MP is:

a)   1 minute and 45 seconds with a tolerance of 5 sec plus or minus   x
b)   1 minute and 30 seconds with a tolerance of 5 sec plus or minus
c)   1 minute and 50 seconds with a tolerance of 5 sec plus or minus

78. The maximum number of elements in Mp, TR, GR, allowed:

a) 12
b) 10 different named
c) 12 different family named   x

79. Number of elements counted for the difficulty score:

a) The 10 highest for IW and IM
b) The 12 highest for MP,TR and GR
c) The first 10 or 12 valued elements   x

80. Classification of new elements can be made by:

a) Superior jury
b) Executive committee
c) Aerobic Gymnastics TC   x

81. Elements submitted for evaluation must be:

a) On a colored video
b) Accompanied by a DVD
c) Filmed from 2 camera angles   x

82. The submitted elements must show:

a) minimum requirements   x
b) Landing without a mat
c) Performance in competition attire

83. The updated element pool is published:

a) Every 6 months
b) Once a year   x
c) Directly after the TC meeting

84. Composition of the Jury of Appeal is:

a) 3 members nominated by the Executive Comm.   x
b) 3 members of the Aerobic Gymnastics Comm.
c) 3 FIG members nominated by the Aerobic Gymnastics TC

85. **Minimum number of a judges panel at the World Games**
(included line and time)

a) Total of 14   x
b) Total of 13
c) Total of 15

86. **Minimum requirements for a judges panel at International Competitions**
(excluded time and line)

a) Total of 10
b) Total of 11   x
c) Total of 12

87. **Superior Jury is responsible for:**

a) To supervise the competition   x
b) Dress code
c) All of the above

88. **Chair of judges panel is responsible for:**

a) Writing down the whole routine   x
b) Number of difficulty elements
c) Value of elements performed

89. **Superior Jury consists of:**

a) 7 TC members   x
b) 3 TC members
c) 3 Executive members

90. **Which of the following is considered a violation against the COP by a judge:**

a) Intentionally giving an advantage to one or more competitors
b) Not wearing the prescribed judges uniform
c) All of the above   x

91. **When will protests against the Artistic scores be allowed:**

a) When the Head of Delegation submits them to the Administrator
b) If something happens under extraordinary circumstances
c) Never   x

92. When will protests against the Execution scores be allowed:

a) When the Head of Delegation submits them to the Administrator
b) If something happens under extraordinary circumstances
c) Never   x

93. When will protests against the Difficulty scores be allowed:

a) When the Head of Delegation submits them to the Administrator   x
b) If something happens under extraordinary circumstances
c) Never

94. Judges must:

a) Keep a record of their judgements
b) Attend all seminars
c) All of the above   x

95. Judges may:

a) Be absent with permission   x
b) Consult with the Difficulty experts
c) All of the above

96.. The Artistic judge evaluates:

a) Choreography   x
b) Elements
c) Execution

97. The Choreography composition receives:

a) Max 2 points
b) Max 3 points
c) Max 4 points   x

98. The Aerobic content receives:

a) Max 2 points
b) Max 3 points   x
c) Max 4 points

99. Presentation and Musicality receives:

a) Max 2 points
b) Max 3 points   x
c) Max 4 points

100.   The minimum age of judges at World Championships is:

a)   18 years in the year of the competition
b)   18 years
c)   None of the above   x

101. Timing is :

a)   the ability to move in time with the music   x
b)   stay between 1.40 and 1.55
c)   start the routine in time

102.   Synchronisation is:

a)   executing all movements as a unit   x
b)   to be in time with the beat
c)   movements and music are synchronised

103.   The maximum deduction for an element in Execution is:

a)   0.3
b)   0.5   x
c)   1.0

104.   The maximum deduction for synchronisation is:

a)   0.5
b)   1.0   x
c)   no maximum

105.   Criteria for use of music is based on:

a)   Bad recording
b)   Type and style of movements fit with the chosen music   x
c)   Music is below 150 bpm.

106. Criteria for composition of aerobic movement patterns is based on:

a) selection and placement of all movements   x
b) Asymmetry
c) Change of orientation

107. The maximum deduction for timing is:

a) 0.5   x
b) 1.0
c) 0.1 each time

108. The deduction for a medium error is:

a) 0.2 each time   x
b) 0.3 each time
c) 0.4 each time

109. The difficulty score for 3 women will be divided by:

a) 1.7
b) 1.8
c) 1.9   x

110. The difficulty score for 2 men and 1 woman will be divided by:

a) 1.7
b) 1.9   x
c) 2.0

111. A routine for MP has 13 difficulty elements, the value will be for:

a) the 12 highest elements
b) the 12 lowest elements
c) the 12 first performed elements   x

112.   A combination of elements will be rewarded with:

a) 0.3 points
b) 0.2 points
c) 0.1 point   x

113.   A combination of 2 elements is only possible with:

a)   Different group elements
b)   Same group elements
c)   Different family named elements   x

114.   Which move is prohibited in the last lift

a)   Acrobatic move
b)   Support on hands above 30 degrees
c)   Propelling   x

115.   A warning will be given for:

a)   A walk over
b)   Breaches against the COP
c)   Improper behavior on the podium   x

116.   Will an element with 0 value be counted for the group:

a)   Yes
b)   No   x
c)   Yes but only for group C

117.   Will a combination of 2 elements be counted for the group:

a)   Yes
b)   No   x
c)   Only for group D

118.   A difficulty element performed in a lift will:

a)   Not be counted   x
b)   Be counted
c)   Be counted with 0.1 less value

119.   A difficulty element performed during interaction will:

a)   Count
b)   Not count   x
c)   Be deducted

120.   Repetition of an element will be deducted with:

a)   1.0 per element   x
b)   0.5 per element
c)   0.1 per element

121. Line judges use a colored flag, which color:

a)   Red   x
b)   White
c)   Blue

122.   How many lifts are required in a TR routine:

a)   1
b)   2
c)   3   x

123. A standing lift cannot be higher than:

a)   2 persons, one on top of the other   x
b)   2 standing persons
c)   1 standing person

124.   Interruption of performance is defined when:

a)   There is a stop of performance between 2 and 10 seconds   x
b)   There is a stop of performance between 2 and 12 seconds
c)   There is a stop of performance between 5 and 10 seconds

125. A stop of performance is defined as:

a)   A stop of the music
b)   A stop longer than 10 seconds   x
c)   A stop longer than 20 seconds

126. A stop of performance will result in:

a)   A deduction of 0.5
b)   A deduction of 1.0
c)   A score of 0.0   x

127.   Excessive presentation will result in:

a)   A deduction of 0.2
b)   A deduction of 0.5   x
c)   Disqualification

128.   A time infraction will result in a deduction of:

a)   0.5   x
b)   0.3
c)   0.1

129.   A time fault will result in:

a)   A deduction of 0.5
b)   A deduction of 1.0   x
c)   A disqualification

130.   An incorrect attire will result in:

a)   Disqualification
b)   A deduction of 0.5
c)   A deduction of 0.2   x

131.   A wrong attire will result in:

a)   Disqualification
b)   A deduction of 1.0
c)   A deduction of 2.0   x

132.   Deduction for bad recording and mixing is:

a)   0.1
b)   0.3
c)   Up to 0.5   x

133.   Themes in contravention with the Olympic Charter will result in:

a)   Disqualification
b)   A deduction of 1.0
c)   A deduction of 2.0   x

134. Disciplinary penalties are:

a) Warnings
b) Disqualifications
c) All of the above   x

135. Disqualification is declared if:

a) There is a walk over
b) Breaches of the Technical Regulations
c) All of the above   x

136. Extraordinary circumstances are;

a) Incorrect music tape is cued   x
b) A background without FIG logo
c) Jury of Appeal not in their assigned seats

137. Artistic judge evaluates:

a) Difficulty Elements
b) Choreography   x
c) Leotard

138. Artistic judges use:

a) Negative judging starting from 10 points
b) Positive judging maximum of 10 points   x
c) None of above

139. Fluency of the whole routine is judged under:

a) Choreography composition   x
b) Aerobic Content
c) Presentation and Musicality

140. Use of the competition space is judged under:

a) Choreography composition   x
b) Aerobic Content
c) Presentation and Musicality

141. Use of Sound Effect is judged under:

a) Choreography composition
b) Aerobic Content
c) Presentation and Musicality   x

142. AMP sequences means:

a) a set of complete 32-counts
b) a set of complete 16-counts
c) a set of complete 8-counts   x

143. AMP is judged under:

a) Choreography composition
b) Aerobic Content   x
c) Presentation and Musicality

144. Complex and Creative AMP are:

a) more body parts involved, changing orientation, more frequency, travelling
b) using different joint actions, planes, range of motion, lever length,
   rhythm, asymmetric moves
c) all of the above   x

145. High quality of movements are judged under:

a) Choreography composition
b) Aerobic Content
c) Presentation and Musicality   x

146. Meaningless, ineffective and non-related sound effects are judged under:

a) Construction of the Music   x
b) Use of the Music
c) None of above

147. When the evaluating criteria shows medium errors of deviation, which scale do you use?

a) Very Good
b) Good   x
c) Satisfactory

148. In MP, TR and GR: Lifts and Physical Interactions are evaluated under:

a) Choreography composition   x
b) Aerobic Content
c) Presentation and Musicality

149.   When movements are off the beat, where do you evaluate?

a) Execution
b) Construction of the Music
c) Use of the Music   x

150.   In MP, TR and GR: Formation changes are evaluated under:

a) Choreography composition   x
b) Aerobic Content
c) Presentation and Musicality

151.   The scale of Very Good is:

a) 1.0
b) 0.8 – 0.9   x
c) 0.6 – 0.7

152.   When the competitor looses his/her confidence just before the Difficulty Element, where do you evaluate?

a) Choreography composition
b) Aerobic Content
c) Presentation and Musicality   x

153.   Repetitive same/similar AMP is performed, where do you evaluate?

a) Variety of the AMP   x
b) Complexity and Creativity of the AMP
c) Amount and Balance of the continuous AMP

154.   Transitions and Linking are judged under:

a) Choreography composition   x
b) Aerobic Content
c) Presentation and Musicality

155.   When pathways of the AMP are only linear, where do you evaluate?

a) Variety of the AMP   x
b) Complexity and Creativity of the AMP
c) Amount and Balance of the continuous AMP

156.   Excessive poses in the routines are evaluated under:

a) Choreography composition   x
b) Aerobic Content
c) Presentation and Musicality

157. A routine is excellent when:

a) All characteristics of the criteria are shown   x
b) The music is excellent
c) The transitions are exceptional

158. A routine is Very Good when:

a) There are only small errors in all criteria   x
b) Linkings are very good
c) Transitions are very good

159. A routine is Good when:

a) AMP are fluent
b) Presentation is natural
c) It shows medium errors of deviation from the criteria   x

160. A routine is Satisfactory when:

a) It has 10 difficulty elements
b) It shows large errors of deviation from the criteria   x
c) There are too much sound effects

161. A routine is Poor when:

a) The criteria are not met   x
b) There are too much stops in the music
c) There is a fall in the routine

162. A large error is defined as:

a) Near errorless execution
b) Significant deviation from errorless execution
c) Major deviation from perfect execution   x

163. Execution is scored according to negative judging:

a) True   x
b) False
c) Both

164. Artistic is scored according to a scale system:

a) True   x
b) False
c) Both

165. The function of the difficulty judge is:

a) Record the whole exercise, using official FIG shorthand   x
b) Makes deductions for prohibited moves
c) Makes deductions for attire

166. Deductions by difficulty judges are made for:

a) Time infractions
b) Forbidden moves
c) More than 2 elements landing in push up   x

167. The difficulty score for Trio's containing one woman and 2 men, will be divided by:

a) 2
b) not divided
c) 1.9   x

168. The difficulty score for trio's containing two women and one man, will be divided by:

a) 2
b) 1.9   x
c) 1.8

169. The difficulty score for Groups containing 4 men, will be divided by:

a) 2
b) 1.9   x
c) 1.8

170. The difficulty score for Groups containing 3 men, will be divided by:

a) 2
b) 1.9   x
c) not divided

171. The difficulty score for Groups containing 2 men, will be divided by:

a) 2
b) 1.9   x
c) 1.8

172. The deductions for repetition of an element, more than 6 elements on the floor and missing groups of the element pool are divided by:

a) 2   x
b) 1.9
c) 1.78

173. The deductions for more than 2 elements landing in push up and performing more than 12 elements are divided by:

a) 2   x
b) 1.9
c) 1.8

174. A line judge is responsible for:

a) 4 lines
b) 2 lines   x
c) 2 lines and all corners

175. A deduction for the line judge is made visible by:

a) Hand raising
b) Red flag   x
c) Green flag

176. The World championships, prior to the WG, acts as the qualifying event for the World Games:

a) True   x
b) False
c) Only in the even years

177. The minimum height for the competition hall is:

    a. 8 m.
    b. 10 m.
    c. None of the above   x

178. The minimum age for International Age Group competition is:

    a. 12 years   x
    b. 13 years
    c. 14 years

179. The Definitive Registration must be at the Secr. Gen.:

    a. 6 months before the start of the competition
    b. 5 months before
    c. at least 3 months before   x

180. The Nominative Registration must be at the Secr. Gen.:

    a. 2 weeks before the start of the competition
    b. at least 3 weeks before the start of the competition
    c. at least 4 weeks before the start of the competition   x

181. The height of the podium is:

    a. Between 50cm. and 100 cm.
    b. Between 60 cm. and 120 cm.
    c. Between 80 cm. and 140 cm.   x

182. Training halls must be available at least:

    a. 1 day prior to the competition
    b. 2 days prior to the competition   x
    c. 3 days prior to the competition

183. May a coach communicate with the athlete during the performance

    a. Only by signals
    b. Only verbally
    c. In no case   x

184. Are modifications to the COP allowed:

    a. No modifications allowed
    b. Only in the last year of the cycle
    c. Yes, minimum 6 months prior to the competition   x

185. No Judging panel may include more than 1 member from a single federation:

    a. False
    b. True
    c. Only as exception   x

186. The nomination of diff. Judges for W.C. is done by:

    a. Drawing of lots from judges nominated by the participating federations
    b. Drawing of lots from Cat 1 or Cat 2 judges   x
    c. Appointed by the FIG

187. How many judges is a federation allowed to bring to the W.C.

    a. 1 judge with a valid brevet
    b. 2 judges with a valid brevet   x
    c. 3 judges with a valid brevet

188. For the award ceremonies all the athletes have to wear:

    a. National track suit
    b. Competition attire   x
    c. Sponsors clothing

189. The max. size of a delegation for the W.C. is:

    a. 22 persons
    b. 30 persons
    c. 34 persons   x

HOW MUCH WILL YOU DEDUCT FOR:

190. 2 incorrect body alignment parts

    a. 0.1
    b. 0.2   x
    c. 0.3

191. **An incomplete rotation between 45-90 degrees**

    a. 0.1
    b. 0.2   x
    c. 0.3

192. Uncontrolled arms

    a. 0.1   x
    b. 0.2
    c. 0.3

193. Hands not flat on the floor in Dynamic strength

    a. 0.1   x
    b. 0.2
    c. 0.3

194. An incorrect foot position

    a. 0.1   x
    b. 0.2
    c. 0.3

195. If in a PU the distance to the floor is over 30 cm.

    a. 0.2
    b. 0.3   x
    c. 0.5

196. **In Split the crotch is approx. 10 cm from the floor**

    a. 0.2   x
    b. 0.3
    c. 0.4

197. When in L-support legs are approx. 15 cm. apart

    a.   0.2
    b)   0.3   x
    c)   0.5

198. If the head is lifted or lower than the spine

    a. 0.1   x
    b. 0.2
    c. 0.3

199. Any other body part, except
from the hands and feet, touch the floor

    a. 0.3
    b. 0.4
    c. 0.5   x

200. If in Legs circle, the extended legs touch the floor during the circle

    a. 0.3
    b. 0.4
    c. 0.5   x

201. If in Flair, hips are not lifted during extension phase

    a. 0.2   x
    b. 0.3
    c. 0.4

202. If the Helicopter has no airborne phase

    a. 0.1
    b. 0.2
    c. No deduction   x

203. Uncontrolled landing technique in PU landings in group A

    a. 0.1
    b. 0.2   x
    c. 0.3

204. If in Supports, more than 4 hand exchanges are made during 1/1 turn

    a. 0.2   x
    b. 0.4
    c. 0.5

205. If in Supports, the skill is not held for 2 seconds

    a. 0.1
    b. 0.3
    c. 0.5   x

206. If in Straddle position legs are not minimum 90 degrees apart

    a. 0.1
    b. Up to 0.3   x
    c. 0.5

207. If the legs are not vertical in "V Support"

    a. 0.1
    b. 0.2   x
    c. 0.3

208. If in full support levers and planches the body is more
       Inclined than 30 degrees above parallel

    a. 0.2
    b. 0.3
    c. 0.5   x

209. If in a split legs are not parallel to the floor

    a. 0.2
    b. 0.3
    c. Up to 0.5   x

210. If in Tuck Jumps knees are not at waist level

    a. 0.1
    b. 0.2
    c. Up to 0.5   x

211. If in Gainers the hands and feet do not touch the floor at the same time

    a. 0.1
    b. Up to 0.3   x
    c. 0.5

212. If in Scissors kick the leading leg is not horizontal

    a. 0.1
    b. 0.3
    c. Up to 0.5   x

213. If there is a hop during turns

    a. 0.1
    b. 0.2   x
    c. 0.3

214. If the angle between legs is less than 170 degrees

    a. 0.1
    b. 0.3
    c. Up to 0.5   x

215. If the hips are lifted in the Pancake

    a. 0.1
    b. 0.2
    c. Up to 0.3   x

216. Inability to hold the balance for 2 seconds for non international events

    a. 0.3
    b. 0.4
    c. 0.5   x

217. What kind of elements will you find in Group A:

    a)   A Frame and Cuts   x
    b)   Flexibility and Balance
    c)   PU Supports and Levers

218. What kind of elements will you find in Group B:

    a)   Leg circles and Cuts
    b)   Push ups and Free Falls
    c)   Supports Family   x

219. What kind of elements will you find in Group C:

    a)   Jumps and Leg circles
    b)   Cuts and Supports
    c)   Jumps and Leaps   x

220. What kind of elements will you find in Group D:

    a)   Static Strength
    b)   Dynamic Strength
    c)   Flexibility and Balance   x

221. Give the element with a 0.1 value

    a)   Push Up   x
    b)   Capoeira
    c)   Split Jump

222. Give the element with a 0.2 value

    a)   Hinge Push up   x
    b)   1 leg Lateral Push up
    c)   Straddle push up

223. Give the element with a 0.3 value

    a)   Plio push up airborne   x
    b)   Straddle support 1/1 turn
    c)   ½ turn Cossack jump

224. Give the elements with a 0.4 value

    a)   Lifted Wenson PU   x
    b)   2/1 air turn
    c)   Helicopter to Split

225. Give the elements with a 0.5 value

    a)   Explosive A-Frame   x
    b)   Straddle cut
    c)   Pike jump to split

226. Give the elements with a 0.6 value

    a)   From PU single leg circle
    b)   Flair to split
    c)   2/1 turn Tuck jump   x

227. Give the elements with a 0.7 value

    a)   Split jump 1/1 turn to Split   x
    b)   1 arm PU
    c)   2/1 air turn

228. Give the elements with a 0.8 value

    a)   ½ turn split jump to PU
    b)   1 ½ turn split jump to PU
    c)   1/1 turn split jump to PU   x

229. Give the elements with a 0.9 value

    a)   1/ turn Cossack jump ½ twist to PU   x
    b)   ½ turn straddle jump 1/1 turn
    c)   1 arm full support lever 1/1 turn

230. Give the elements with a 1.0 value

    a)   Explosive A-Frame ½ turn to Wenson
    b)   High V-support reverse Straddle cut to PU   x
    c)   Flair to lifted Wenson

231. Give the value of: 1 arm 1 leg hinge push up

    a)   0.4
    b)   0.5   x
    c)   0.6

232. Give the value of: 1 arm PU

    a)   0.3   x
    b)   0.5
    c)   0.7

233. Give the value of: Plio PU airborne

    a)   0.3   x
    b)   0.5
    c)   0.6

234. Give the value of: Lifted Wenson Hinge PU

a) 0.4
b) 0.5   x
c) 0.6

235. Give the value of: PU 1/1 twist airborne to PU

a) 0.4
b) 0.6
c) 0.7   x

236. Give the value of: Straddle cut to L-support

a) 0.4
b) 0.5   x
c) 0.6

237. Give the value of: High V-support reverse Cut to PU

a) 0.6
b) 0.8
c) 1.0   x

238. Give the value of: Double leg 1/1 circle

a) 0.3
b) 0.4
c) 0.5   x

239. Give the value of: Flair to lifted Wenson

a) 0.7
b) 0.8
c) 0.9   x

240. Give the value of: Flair 1/1 turn to Wenson

a) 0.6
b) 0.8
c) 1.0   x

241. Give the value of: Helicopter

a) 0.3
b) 0.4   x
c) 0.5

242. Give the value of: Helicopter to Wenson

a) 0.5
b) 0.6   x
c) 0.7

243. Give the value of: Capoeira 1/1 twist airborne to PU

a) 0.7
b) 0.8
c) 0.9   x

244. Give the value of: Straddle support ½ turn

a) 0.3   x
b) 0.5
c) 0.7

245. Give the value of: 1 Arm Straddle support 1 arm vertical

a) 0.3
b) 0.5   x
c) 0.7

246. Give the value of: Moldovan

a) 0.4
b) 0.6
c) 0.8   x

247. Give the value of: Straddle support 3/1 turn

a) 0.6   x
b) 0.7
c) 0.8

248. Give the value of: Straddle support 1 ½ turn

a) 0.3
b) 0.4
c) 0.5   x

249. Give the value of: L support ½ turn

a) 0.3   x
b) 0.4
c) 0.5

250. Give the value of: V support

a)   0.2
b)   0.4   x
c)   0.5

251. Give the value of: High V-support

a)   0.5
b)   0.6
c)   0.7   x

252. Give the value of: 1 arm full support lever

a)   0.4
b)   0.5   x
c)   0.6

253. Give the value of: Planche to lifted Wenson

a)   0.5
b)   0.7
c)   0.9   x

254. Give the value of: 3/1 air turn

a)   0.5
b)   0.7
c)   0.9   x

255. Give the value of: ½ Air turn to split

a)   0.3   x
b)   0. 4
c)   0.5

256. Give the value of: Free fall ½ twist airborne

a)   0.3
b)   0.4   x
c)   0.5

257. Give the value of: Gainer ½ twist to frontal split

a)   0.3
b)   0.4   x
c)   0.5

258. Give the value of: Gainer 11/2 twist to Wenson

a)   0.5
b)   0.6
c)   0.7   x

259. Give the value of: 1/1 turn Tuck jump to split

a)   0.3
b)   0.4
c)   0.5   x

260. Give the value of: straddle leap ½ twist to PU

a)   0.5
b)   0.6   x
c)   0.7

261. Give the value of: Kaloyanov to Wenson

a)   0.5
b)   0.6
c)   0.7   x

262. Give the value of: Frontal split leap to straddle

a)   0.3
b)   0.4   x
c)   0.5

263. Give the value of: Straddle jump to split

a)   0.3
b)   0.4   x
c)   0.5

264. Give the value of: Straddle jump to PU

a)   0.3
b)   0.4
c)   0.5   x

265. Give the value of: ½ turn Cossack jump ½ turn

a)   0.3
b)   0.4
c)   0.5   x

266. Give the value of: Cossack jump to push up

a)   0.3
b)   0.4
c)   0.5   x

267. Give the value of: 1/1 turn Cossak jump to split

a)   0.5
b)   0.6
c)   0.7   x

268. Give the value of: 1/1 turn pike jump

a)   0.5
b)   0.6
c)   0.7   x

269. Give the value of: 1/1 turn Pike jump ½ turn

a)   0.5
b)   0.6
c)   0.8   x

270. Give the value of: Pike jump to PU

a)   0.5
b)   0.6   x
c)   0.7

271. Give the value of: Split leap to PU

a)   0.5   x
b)   0.6
c)   0.7

272. Give the value of: Kick split leap to PU

a)   0.5   x
b)   0.6
c)   0.7

273. Give the value of: ½ turn kick split leap ½ twist to PU

a)   0.5
b)   0.6
c)   0.7   x

274. Give the value of: Split jump to PU

    a)   0.5   x
    b)   0.6
    c)   0.7

275. Give the value of: Split jump ½ turn to PU

    a)   0.5
    b)   0.6   x
    c)   0.7

276. Give the value of: Frontal split leap

    a)   0.3   x
    b)   0.4
    c)   0.5

277. Give the value of: 1 arm 1/1 turn straddle support

    a)   0.6
    b)   0.7   x
    c)   0.8

278. Give the value of: 1 arm L-support 1/1 turn

    a)   0.6
    b)   0.7   x
    c)   0.8

279. Give the value of: L-support 2/1 turn

    a)   0.6   x
    b)   0.7
    c)   0.8

280. Give the value of: High V-support reverse cut to split

    a)   0.6
    b)   0.7   x
    c)   0.8

281. Give the value of: Full support Straddle lever

    a)   0.2   x
    b)   0.3
    c)   0.5

282. Give the value of: 1 arm full support lever 1/1 turn

    a)   0.6
    b)   0.7   x
    c)   0.8

283. Give the value of: Planche

    a)   0.6
    b)   0.7   x
    c)   0.8

284. Give the value of: V-support 1/1 turn

    a)   0.6   x
    b)   0.7
    c)   0.8

285. Give the value of: 1 arm straddle support 1 leg vertical

    a)   0.5   x
    b)   0.6
    c)   0.7

286. Give the value of: Straddle cut to V-support

    a)   0.5
    b)   0.6   x
    c)   0.7

287. Give the value of: Helicopter to split

    a)   0.5   x
    b)   0.6
    c)   0.7

288. Give the value of: Double leg 1/1 circle ½ twist to front support

    a)   0.5
    b)   0.6
    c)   0.7   x

289. Give the value of: Flair

    a)   0.5
    b)   0.6   x
    c)   0.7

290. Give the value of: Flair to Wenson

a)   0.4
b)   0.6
c)   0.8   x

291. Give the value of: Free fall airborne

a)   0.3   x
b)   0.4
c)   0.5

292. Give the value of: Free fall 1 ½ twist airborne to 1 arm push up

a)   0.5
b)   0.6
c)   0.7   x

293. Give the value of: Free fall 1/1 twist airborne to 1 arm push up

a)   0.5
b)   0.6   x
c)   0.7

294. Give the value of: Free fall 1/1 twist airborne

a)   0.5   x
b)   0.6
c)   0.7

295. Give the value of: Explosive A-frame ½ turn

a)   0.5
b)   0.6
c)   0.7   x

296. Give the value of: From V support ½ twist to PU

a)   0.2
b)   0.4
c)   0.6   x

297. Give the value of: Explosive A-frame

a)   0.3
b)   0.4
c)   0.5   x

298. Give the value of: Plio push up

a)   0.3   x
b)   0.4
c)   0.5

299. Give the value of: Free support Wenson PU

a)   0.3   x
b)   0.4
c)   0.5

300. Give the value of: Push up 1/1 twist airborne to PU

a)   0.4
b)   0.6
c)   0.7   x

301. Give the value of: 1 arm Hinge PU

a)   0.3
b)   0.4   x
c)   0.5

302. Give the value of: 1 arm 1 leg push up

a)   0.3
b)   0.4
c)   0.5   x

303. Give the value of: Lateral push up

a)   0.2   x
b)   0.3
c)   0.4

304. Give the value of: 1 arm 1 leg hinge push up

a)   0.3
b)   0.4
c)   0.5   x

305. Give the value of: 1 arm straddle lateral push up

a)   0.3
b)   0.4   x
c)   0.5

306. Give the value of: Split Jump ½ turn

a)   0.3
b)   0.4   x
c)   0.5

307. Give the value of: Balance 1/1 turn

a)   0.3   x
b)   0.4
c)   0.5

308. Give the value of: Capoeira 1/1 twist airborne to PU

a)   0.7
b)   0.8
c)   0.9   x

309. Give the value of: Capoeira switch to split

a)   0.3
b)   0.4   x
c)   0.5

310. Give the value of: Split through

a)   0.3   x
b)   0.4
c)   0.5

311. Give the value of: Split roll

a)   0.3   x
b)   0.4
c)   0.5

312. Give the value of: Illusion

a)   0.3
b)   0.4   x
c)   0.5

313. Give the value of: Free support vertical split

a)   0.3   x
b)   0.4
c)   0.5

314. Give the value of: Frontal split jump

a)   0.3   x
b)   0.4
c)   0.5

315. Give the value of: Wenson push up

a)   0.3   x
b)   0.4
c)   0.5

316. Give the value of: Straddle lateral push up

a)   0.2   x
b)   0.4
c)   0.6

317. Give the value of: 1 arm hinge push up

a)   0.2
b)   0.3
c)   0.4   x

318. Give the value of: Lifted Wenson Hinge PU

a)   0.4
b)   0.5   x
c)   0.6

319. Give the value of: straddle Planche to PU

a)   0.3
b)   0.5
c)   0.7   x

320. give the value of: 1 arm Wenson PU

a)   0.4
b)   0.0   x
c)   0.6

321. Give the value of: Straddle leap ½ turn to PU

a)   0.5
b)   0.6   x
c)   0.7

322. Give the value of: Straddle jump to split

a)   0.1
b)   0.3
c)   0.4   x

323. Give the value of: ½ turn straddle jump to split

a)   0.3
b)   0.4
c)   0.5   x

324. Give the value of: Split jump to split

a)   0.2
b)   0.3
c)   0.4   x

325. Give the value of: Split jump to PU

a)   0.4
b)   0.5   x
c)   0.6

326. Give the value of: Frontal split jump

a)   0.3   x
b)   0.4
c)   0.6

327. Give the value of: 1 arm L support 1/1 turn

a)   0.5
b)   0.7   x
c)   0.9

328. Give the value of: From PU to Single leg circle

a)   0.1   x
b)   0.2
c)   0.3

329. Give the value of: Straddle cut

a)   0.3
b)   0.4   x
c)   0.5

330. Give the value of: High V-support reverse straddle cut to PU

a) 0.6
b) 0.8
c) 1.0   x

331. Give the value of: Straddle V-support 1 leg raised

a) 0.2   x
b) 0.3
c) 0.4

332. Give the value of: V-support

a) 0.2
b) 0.3
c) 0.4   x

333. Give the value of: V support legs on one side

a) 0.1
b) 0.3
c) 0.4   x

334. Give the value of: 1 arm full support straddle lever 1/1 turn

a) 0.5
b) 0.6   x
c) 0.7

335. Give the value of: Tuck jump

a) 0.1
b) 0.2   x
c) 0.3

336. Give the value of: ½ turn tuck jump to split

a) 0.2
b) 0.3
c) 0.4   x

337. Give the value of: 1/1 turn tuck jump to 1 arm P.U.

a) 0.5
b) 0.6
c) 0.7   x

338. Give the value of: 11/2 Turn

a)   0.3   x

b)   0.4

c)   0.5

339. Give the value of: 1/1 Turn to vertical split

a)   0.4   x

b)   0.5

c)   0.6

340. Give the value of: 1/1 Turn to free vertical split

a)   0.5   x

b)   0.6

c)   0.7

341. Give the value of: 2/1 Turn to free vertical split

a)   0.5

b)   0.6

c)   0.7   x

342. Give the value of: Free support sagital balance

a)   0.2   x

b)   0.4

c)   0.6

343. Give the value of: 4 high leg kicks vertical 11/2 turn

a)   0.2

b)   0.4   x

c)   0.6

344. Give the value of: Free support balance 2/1 turn sagital

a)   0.2

b)   0.4

c)   0.6   x

345. Give the value of: Free support Illusion to free vertical split

a)   0.4

b)   0.6

c)   0.8   x

346. Give the value of: Free support Illusion to split

    a)   0.2
    b)   0.4
    c)   0.6   x

347. Give the value of: Double Illusion

    a)   0.4
    b)   0.5   x
    c)   0.6

348. Give the value of: Supine split

    a)   0.1
    b)   0.2   x
    c)   0.3

349. Give the value of: Free support double Illusion to free vertical split

    a)   0.5
    b)   0.7
    c)   0.9   x

350. Give the value of; Free Illusion to 1/1 turn free vertical split

    a)   0.8
    b)   0.9
    c)   1.0   x

351. Give the value of; Nezezon

    a)   0.8
    b)   0.9
    c)   1.0   x

352. Give the value of; Marchenkov full

    a)   0.8
    b)   0.9
    c)   1.0   x

353. Give the value of; 1/1 turn Pike jump ½ twist to PU

    a)   0.8
    b)   0.9
    c)   1.0   x

354. Give the value of; ½ turn Cossack jump ½ twist to PU

a)   0.8
b)   0.9
c)   0.7   x

355. Give the value of; 1/1 turn Cossack jump ½ twist to 1 arm PU

a)   0.8
b)   0.9
c)   1.0   x

356. Give the value of; 1/1 turn Cossack jump ½ twist to Wenson

a)   0.8
b)   0.9
c)   1.0   x

357. Give the value of; Free Fall 3/1 twist airborne

a)   0.8
b)   0.9
c)   1.0   x

358. Give the value of; 3/1 Air turn to split

a)   0.8
b)   0.9
c)   1.0   x

359. Give the value of; 3/1 Air turn to Frontal split

a)   0.8
b)   0.9
c)   1.0   x

360. Give the value of; Straddle Planche to Lifted Wenson back to Straddle Planche

a)   0.8
b)   0.9
c)   1.0   x

361. A Judges brevet is valid for;

a.   2 years
b.   1 Olympic cycle   x
c.   8 years

362. Judges who fail to meet the practical requirements at the Intercontinental exam will have their brevet;

a)   Downgrade by 1 category
b)   Downgraded by the achieved level   x
c)   Downgraded to level 4

363. The minimum score of the exam results is;

a)   Fixed by the Technical committee   x
b)   Fixed by the Executive committee
c)   Fixed by the Secretary General

364. The minimum examination score will be unchanged for;

a)   The first year
b)   The remainder of that cycle   x
c)   The first 2 years

365. The Judges brevet will;

a)   Stay in possession of the FIG office
b)   Stay in possession of the Judge   x
c)   Stay in possession of the National Federation

366. Updates of competitions in the logbook are the responsibility of;

a)   The judge itself
b)   The FIG office
c)   The President of the Superior Jury   x

367. The Judges logbook and brevet can be inspected at;

a)   Every competition
b)   Every International competition
c)   Every FIG-registered competition   x

368. An Intercontinental Judges course should be held;

a)   During the first 6 months following the Olympic Games   x
b)   Within 1 year after the World Championships
c)   6 months before the Olympic Games

369. The aim of an Intercontinental Course is;

a)   Present new and/or updated rules and regulations   x
b)   To start a new Judges cycle
c)   To upgrade the judges brevet

370. All judges attending the course must be registered by;

a) The FIG
b) Their National federation   x
c) The World Aerobic Gymnastics Federation

371. Each Federation may register a maximum to attend Intercontinental course of;

a) 2 judges
b) 3 judges
c) 4 judges   x

372. The maximum number of level 3 judges to attend an Intercontinental course is;

a) 1 judge
b) 2 judges   x
c) 3 judges

373. The Intercontinental Judges Course will last for;

a) 4 days
b) 5 days   x
c) 6 days

374. During the written exam the following is allowed;

a) An English dictionary   x
b) The present COP
c) Nothing

375. During the practical exam the following is allowed;

a) Code of Points
b) Personal notes
c) Both of the above   x

376. On an International Judges course the maximum level attained can be;

a) Level 4
b) Level 3
c) Level 2   x

377. Who may organise International Judges Courses;

a) National Federations   x
b) Aerobic Gymnastics Federations
c) Sportschools

378. Who may conduct an International Course;

    a)   A nominated qualified lecturer

    b)   A member of the FIG/TC

    c)   Both of the above   x

379. Judges may upgrade to level 1 at;

    a)   An Intercontinental Course   x

    b)   An International Course

    c)   Both of the above

380. In the same cycle Judges are allowed to attend;

    a)   2 Judges Courses   x

    b)   1 Judges Course

    c)   3 Judges Courses

381. Each Judge officiating at a competition is assessed for;

    a)   Competence to apply the rules

    b)   Integrity of decisions

    c)   Both of the above   x

382. Sanctions against Judges during a Competition are;

    a)   Verbal warning

    b)   Replacement by a reserve Judge

    c)   Both of the above   x

383. Sanctions after a Competition can be;

    a)   Exclusion of the Brevet   x

    b)   Verbal warning

    c)   None of the above

384. Judges may appeal during the Competition by;

    a)   Jury of Appeal   x

    b)   President of the TC

    c)   President of the Superior Jury

385. The time between WC in all disciplines must be at least;

    a)   3 weeks apart   x

    b)   2 months apart

    c)   3 months apart

386. Aerobic Gymnastics WC are held;

    a)   Every even year   x
    b)   Every uneven year
    c)   Once in an Olympic cycle

387. Aerobic World Cup Finals are held;

    a)   Every even year
    b)   Every uneven year   x
    c)   Every year

388. The Provisional registration must be at the Secr. Gen. at least;

    a)   4 months before the date of the competition
    b)   5 months before the date of the competition   x
    c)   6 months before the date of the competition

389. The definite registration must be at the Secr. Gen. at least;

    a)   1 month before the start of the competition
    b)   2 months before the start of the competition
    c)   3 months before the start of the competition   x

390. The nominative list of gymnasts must be at the Secr. Gen. at least;

    a)   4 weeks before the start of the competition   x
    b)   5 weeks before the start of the competition
    c)   6 weeks before the start of the competition

391. Accreditations are allowed to be changed;

    a)   Until 1 week prior to the competition
    b)   Until 48 hours prior to the competition
    c)   Until 24 hours prior to the competition   x

392. The drawing of the lots will take place;

    a)   Within 4 weeks after the deadline of the definite entry
    b)   Within 3 weeks after the deadline of the definite entry
    c)   Within 2 weeks after the deadline of the definite entry   x

393. Who is allowed to be present at the draw;

    a)   Representative of the Federation
    b)   Secretary General of the FIG
    c)   Both   x

394. The lots shall be drawn by;

a) Computer   x
b) An appointed participating gymnast
c) An appointed Head of Delegation of a participating Federation

395. The competition hall for the WC must have a minimum seating of;

a) 3000   x
b) 4000
c) 5000

396. In the training facilities the floor must be;

a) Identical to the one used in the competition hall   x
b) A carpet floor
c) A concrete floor

397. Musical accompaniment must be provided;

a) Only at the competition hall
b) In each training hall   x
c) Only at the day(s) of the competition

398. Training halls must be available for the gymnasts;

a) At least 2 days prior to the competition   x
b) At least 3 days prior to the competition
c) At least 4 days prior to the competition

399. The training schedules must be approved by;

a) The President of the AG TC   x
b) The Organising Committee
c) The Secretary General of the FIG

400. A podium training for each competitor is provided of at least;

a) 3 minutes   x
b) 4 minutes
c) 5 minutes

401. In the competition hall complex the following is required;

a) Offices for the TC
b) Rest rooms for the Judges
c) Both of the above   x

402. For medical services there must be;

a) A helicopter for emergency transport
b) A resuscitation mobile unit   x
c) A CPR unit

403. Medical services must be provided at;

a) The Competition hall
b) The Warm- up hall
c) Both halls   x

404. During the entire competition judges are absolutely prohibited to use;

a) Cellular phones   x
b) Calculators
c) Dictionary

405. The competitors numbers must be ;

a) Worn on the back of the competition attire
b) Worn on the National track suit
c) Shown on the display board   x

406. A competitors national identity must be displayed;

a) On their competition attire   x
b) On their track suit
c) Only on the starting lists

407. The official Orientation meeting is mandatory for;

a) All participating Federations   x
b) Only Judges
c) Only Gymnasts

408. Doping is;

a) Forbidden in all its forms   x
b) Forbidden during competition
c) Forbidden 6 months before competition

409. All brevetted Judges are;

a) Registered at the FIG Secretariat   x
b) Of a minimum age of 21 year old
c) With optimum eye vision

410. The Superior Jury consists of;

a)   The TC President
b)   The TC Members
c)   Both of the above   x

411. In WC the Chair of Judges is drawn by;

a)   Aero G TC   x
b)   Executive Committee
c)   Draw 6 weeks before the competition

412. The Jury of Appeal consists of;

a)   3 TC members
b)   3 level 1 judges
c)   Minimum 2 Executive Committee members   x

413. The selection of Judges in World Games is made by;

a)   A draw prior to the Judges instruction   x
b)   A draw after the Judges instruction
c)   Appointment of the AG TC

414. The selection of Judges for the World Championships is made by;

a)   A draw prior to the Judges instruction   x
b)   A draw after the Judges instruction
c)   Appointment of the AG TC

415. If a Judge does not take part in the Judges instruction;

a)   He/she has to pay 1000 SFr.
b)   He/she is not allowed to judge in the Finals
c)   He/she is not allowed to judge   x

416. Length of a Judges Instruction should not exceed;

a)   4 hours   x
b)   3 hours
c)   2 hours

417. At the Judges instruction the TC members have the right;

a)   To test the knowledge of the Judges   x
b)   To change the guidelines for judging
c)   To add Difficulty elements to the element pool

418. At all World Championships all Judges pledge to respect;

    a)   The decision of the Chair of Judges
    b)   The decision of the Superior Jury
    c)   All of the above   x

419. Inquiries for the scores are allowed for;

    a)   The Final score
    b)   The difficulty score   x
    c)   The Artistic score

420. People to submit an inquiry are;

    a)   Accredited coaches
    b)   Heads of Delegation
    c)   All of the above   x

421. A Federation is allowed to complain against the scores from;

    a)   Their own Federation   x
    b)   Every Federation
    c)   None of the above

422. The costs of a first inquiry is;

    a) $ 300   x
    b) $ 500
    c) $ 1000

423. The inquiry must be confirmed in writing within;

    a)   The end of the competition
    b)   4 minutes   x
    c)   Before the next routine has finished

424. Every inquiry must be examined by;

    a)   The Superior Jury   x
    b)   Chair of Judges Panel
    c)   Difficulty Judges

425. In the award ceremony all gymnasts have to wear;

    a)   The competition attire   x
    b)   Their track suit
    c)   Their National track suit

426. The total number of AG competitors at the World Games is;

   a)   104   x
   b)   110
   c)   108

427. Participation at the World Games is based on the results of;

   a) Preceding World Championships   x
   b) Last 3 International Competitions
   c) Last World Series Final

428. FIG Wild Card for Aer. Gymn. is nominated by;

   a) AG TC
   b) Executive Committee   x
   c) There is no Wild Card

429. The maximum size of a Aerobic delegation is;

   a) 34 persons   x
   b) 26 persons
   c) 30 persons

430. The max. number of participants in qualification rounds is;

   a) 2 per category and nation   x
   b) 2 per nation
   c) 2 per category

431. The max. number of participants in the finals is;

   a) 8   x
   b) 10
   c) 12

432. The team ranking list will be established by;

   a) Adding the 4 best places   x
   b) Adding the top 3 places
   c) Adding all 1st. places

433. The minimum recovery time between routines for a competitor is;

   a) Minimum 2 routines length
   b) 10 minutes   x
   c) No recovery time needed

434. **A tie at any competition will be broken based on;**

    a) The highest total score in Artistic
    b) The highest total score in Execution   x
    c) The highest total score in Difficulty

435. **A tie at a Team ranking will be broken by;**

    a) The highest total score in Artistic
    b) The highest total score in Execution   x
    c) The highest total score in Difficulty

436. **The starting order for the qualification rounds is decided by;**

    a) Draw   x
    b) Alphabetical order
    c) Alphabetical Federation order

437. **The starting order for the Finals is decided by;**

    a) Draw   x
    b) Place at the Qualification round
    c) Total points at qualification

438. **The sound level at competitions must not exceed;**

    a) 80 dB   x
    b) 100 dB
    c) 120 dB

439. **The sound level check will be done by;**

    a) A sonometer   x
    b) Listening by a qualified person
    c) Head phones

440. **A gymnast cannot participate if;**

    a) He/she is expelled for the use of drugs   x
    b) He/she is over 30 years of age
    c) He/she is blind in one eye

441. **A gymnast cannot participate in a competition if;**

    a) The competition is sanctioned by the FIG   x
    b) The competition is directed by ANAC
    c) The competition is directed by IAF

442. The FIG is obliged to ensure;

    a) Safe competition conditions   x
    b) Food for athletes
    c) Transportation to the competition venue

443. Prohibited during a FIG competition is;

    a) Shouting
    b) Eating at the competition area
    c) Physical harassment   x

444. Accepting gifts during a competition is allowed if;

    a) They are symbolic   x
    b) They are presented before the competition
    c) They are presented after the competition